

 **SAM BOONE** 

Family Pastor

WHEN LIFE HURTS

Psalm 42

PROVERBS 13:12 (ESV)

Hope deferred makes the heart sick,
but a desire fulfilled is a tree of life.

PSALM 42 (ESV)

As a deer pants for flowing streams,
so pants my soul for you, O God.

PSALM 42 (ESV)

² My soul thirsts for God, for the living God.
When shall I come and appear before God?

PSALM 42 (ESV)

³ My tears have been my food day and night,
while they say to me all the day long, "Where is your God?"

PSALM 42 (ESV)

4 These things I remember, as I pour out my soul:
how I would go with the throng and lead them in procession

PSALM 42 (ESV)

to the house of God with glad shouts and songs of praise,
a multitude keeping festival.

PSALM 42 (ESV)

⁵ Why are you cast down, O my soul,
and why are you in turmoil within me?

PSALM 42 (ESV)

Hope in God; for I shall again praise him,
my salvation ⁶ and my God.

PSALM 42 (ESV)

My soul is cast down within me; therefore I remember you
from the land of Jordan and of Hermon, from Mount Mizar.

PSALM 42 (ESV)

7 Deep calls to deep at the roar of your waterfalls;
all your breakers and your waves have gone over me.

PSALM 42 (ESV)

8 By day the Lord commands his steadfast love,
and at night his song is with me, a prayer to the God of my life.

PSALM 42 (ESV)

9 I say to God, my rock: "Why have you forgotten me?
Why do I go mourning because of the oppression of the enemy?"

PSALM 42 (ESV)

¹⁰ As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, "Where is your God?"

PSALM 42 (ESV)

¹¹ Why are you cast down, O my soul,
and why are you in turmoil within me?

PSALM 42 (ESV)

Hope in God; for I shall again praise him,
my salvation and my God.

1

Bringing our **complaints** to God is different than **whining**.

PASTOR JOE HOBBS

"An honest prayer is a healthy prayer."

1

- When God feels **distant**

PSALM 42:1-3 (ESV)

As a deer pants for flowing streams,
so pants my soul for you, O God.

PSALM 42:1-3 (ESV)

² My soul thirsts for God, for the living God.
When shall I come and appear before God?

PSALM 42:1-3 (ESV)

³ My tears have been my food day and night,
while they say to me all the day long, "Where is your God?"

1 PETER 5:8 (ESV)

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

1

- When it feels like God is **against me**

PSALM 42:6-7 (ESV)

My soul is cast down within me; therefore I remember you
from the land of Jordan and of Hermon, from Mount Mizar.

PSALM 42:6-7 (ESV)

7 Deep calls to deep at the roar of your waterfalls;
all your breakers and your waves have gone over me.

2

Remember **God's faithfulness.**

PSALM 42:8 (ESV)

By day the Lord commands his steadfast love,
and at night his song is with me, a prayer to the God of my life.

APPLICATION QUESTION

How have you experienced God's faithful love in your life?

3

Speak **truth** to **yourself**.

PSALM 42:11 (ESV)

Why are you cast down, O my soul,
and why are you in turmoil within me?

PSALM 42:11 (ESV)

Hope in God; for I shall again praise him,
my salvation and my God.

PHILIPPIANS 4:8 (ESV)

Finally, brothers, whatever is true, whatever is honorable,
whatever is just, whatever is pure, whatever is lovely,

PHILIPPIANS 4:8 (ESV)

whatever is commendable, if there is any excellence,
if there is anything worthy of praise, think about these things.

PASTOR TOM LANCE

"God does not mess with my life."

APPLICATION QUESTION

What biblical truth do you need to speak to yourself?

4

Remember, you are **not alone**.