



## **Women's Volleyball League**

Fridays, March 1 – May 3, 2024  
(excluding March 29)

### **Game Times:**

**6:00 PM**

**7:15 PM**

**8:30 PM**

## Event Overview

### What:

The Women's Volleyball League is an annual 9-week league held on Fridays from March through May in the gymnasium at The Grove Community Church. Each night includes three games (1 game per team per night), 1 hour and 15 minutes apart, leaving room for 15 minutes of warm-up, team prayer, and one hour of gameplay.

<b>When:</b>	Fridays, March 1 – May 3 (excluding March 29)
<b>Hours:</b>	5:30-8:45 PM
<b>Location:</b>	Gymnasium at The Grove Community Church
<b>Age:</b>	18+
<b>Cost:</b>	\$360 per team (9 weeks total: 8 weeks league, one play off's night)

### Goals:

- Provide a safe venue for Women to engage in a volleyball league.
- Develop a positive relationship with members, non-members, volunteers, referees, and families to support physical activity and faith-led community outreach.
- Promote adult sports as an outreach activity offered by The Grove Community Church.
- Encourage non-church attendees to attend a church service at The Grove Community Church.

### Estimated Attendance:

- 12 teams X 12 players maximum = 144 maximum

### Event Activities:

- 12 minutes for warm up (including pepper, hitting lines, 1-minute serving)
- 3 minutes for Team prayer request and 1-2 people pray (1 from each team)
- 2-set games played to 25, third game played to 15 (or time limit of 1 hour)

## Frequently Asked Questions

1. What day is the Women's Volleyball League?
  - Fridays, March 1 – May 3 (excluding March 29)
  - Coaches Meeting will occur February 23 at Ministry Advisor Crystal Chavez's Home.
  - Championships will take place on May 3
2. Where will the Volleyball League take place?
  - The Grove Community Church Gym
3. How much does each team fee cost?
  - \$360 includes 8 season games, one championship match, and referees.
4. Is the event for adults only?
  - Players must be 18 to play on a team. Families are welcome to attend and cheer on teams.
5. Do I need to bring a Volleyball?
  - The Grove will provide the volleyballs.
6. Are Food and Drink allowed inside the gym?
  - No, food is not allowed in the gym. Only water enclosed in a sealed bottle is allowed in the gym.
7. Are dogs allowed?
  - No animals are allowed, even if on a leash, except for service animals.
8. Who is responsible for an attendee acting up?
  - Team managers will be responsible for their team's behavior. Referees will have the authority to remove a player out of the game for being unruly/disrespectful.
  - The Referee has the final say.

## **Women's Volleyball League Duties**

### **Referee:**

Referees will dress in a referee jersey issued by The Grove and bring a whistle for use. They are responsible for managing the warmup time frame, manager's meeting before the game, overseeing prayer before the game begins, and refereeing during gameplay according to the rules listed by The Grove Community Church. At the end of the game, Referees will blow the whistle to encourage players to give high fives after gameplay. Then, begin time management for the next match.

Monetary compensation is for each game, which includes overseeing warm-up, 2 or 3 sets (best of 3), and refereeing live gameplay.

### **Team Manager Responsibilities:**

The Team Manager will be responsible for getting up to 12 players per team for the season. Managers can contact Jeff Couto for additional player information if additional players are needed (less than 12). There is no requirement to have an entire team, but it is encouraged to assist with the cost of the season per player and allow the most participation in the league.

Each Team Manager will be responsible for payment from their team before the first game is played and ensure each player has completed an activity waiver before participating.

If a player's behavior becomes unruly, it is the Team Manager's responsibility to attend to them. If needed, a Referee can ask a player to leave gameplay.

**The Grove Community Church**  
**Women's Volleyball League Official Rules**  
The Women's Grove Volleyball League 2024

**SERVE:**

- A. Server must serve from behind the restraining line (end line) until after contact.
- B. Ball may be served underhand or overhand.
- C. Ball must be clearly visible to opponents before serve.
- D. Served ball may graze or hit the net and drop to the other side for a point.
- E. Home team serves first game, then alternate team serving each game after.
- F. Serve may be returned by a "bump" or "set." No attacking or blocking the serve.

**SCORING:**

- A. Rally scoring will be used.
- B. Offense will score on a defensive miss or out of bounds hit.
- C. Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- D. Games will be played to 25 points. Must win by 2 points, 3rd game to 15 points. Must win by 2 unless time expires, then whichever team is in the lead wins. If tied, the next team to score wins.
- E. A "match" shall be considered "best out of 3 games."

**ROTATION:**

- A. Team will rotate each time they win the serve.
- B. Players shall rotate in a clockwise manner.
- C. There shall only be 6 players on each side.

**PLAYING THE GAME: (VOLLEY)**

- A. Maximum of three hits per side.
- B. Player may not hit the ball twice in succession (A block is not considered a hit).
- C. Ball may be played off the net during a volley and on serve.
- D. A ball touching a boundary line is good.
- E. A legal hit is contact with the ball by any part of the player's body which does not allow the ball to visibly come to rest.
- F. If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play.
- G. A player may not block or attack a serve.
- H. Substitutions will be entering in on "Serve" exiting "Front Line."

**BASIC VIOLATIONS:**

- A. Stepping on or over the line on a serve and/or under the net.
- B. Failure to serve the ball over the net successfully.
- C. Hitting the ball illegally (carrying, lifting, palming, throwing, etc.).

- D. Touching the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- E. Reaching over the net, except under these conditions:
  - i. When executing a follow-through.
  - ii. When blocking a ball that is in the opponent's court but is being returned (blocker must not contact the ball until after the opponent who is attempting to return the ball makes contact), except to block the third play.
- F. Reaching under the net (if it interferes with the ball or opposing player).
- G. Failure to serve in the correct order.
- H. Blocking/spiking from a position which is clearly not behind the 10-foot line while in the back row.

\*\*\*Parents must watch their children and keep all children off courts during matches.

Volleyballs are not allowed outside (no exceptions). Only water enclosed in a sealed bottle is allowed in the gym.

## Nightly Schedule for Teams and Referees

- 5:45 PM      Begin warm-up for the first match of the night.
- 5:55 PM      Whistle in Team Managers: Coin flip for first serve. The Referees introduce themselves and calls in both teams for Prayer (1 member from each team).
- 6:00 PM      Whistle to set up for first game to begin.
- 7:00 PM      End first match, whistle if necessary. Begin warm-up for the second match. Log results from the first match.
- 
- 7:10 PM      Whistle in Team Managers: Coin flip for first serve. Referees introduce themselves and call in both teams for Prayer (1 member from each team).
- 7:15 PM      Whistle to set up for second game to begin.
- 8:15 PM      End the second match, whistle if necessary. Begin warm-up for the third match. Log results from the second match.
- 
- 8:25 PM      Whistle in Team Managers: Coin flip for first serve. Referees introduce themselves, call in both teams for Prayer (1 member from each team).
- 8:30 PM      Whistle to set up for third game to begin.
- 9:30 PM      End of third match, whistle if needed. Log results from the first match.
-